

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: March 4, 2026, 6:30-8:30 pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**
 - a. **Notes:** None
3. **6:35-6:50 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
 - a. **Brief description:**

Psychiatrist: We all sit in a circle. One person is chosen as the psychiatrist and steps outside. Everyone else chooses a condition (Ex: if someone says um then everyone claps). The psychiatrist asks questions and has to figure out the condition.
6. **6:50-7:30 PM** **FYMFTA 5K PLANNING:**
 - a. **Notes:** We are all meeting at the course on Saturday (3/7, star bread provided). Talked through each role during the 5k. MC, Photographer, Registration Table, Trail Maker, Route Cheerers, Snack Table, Game Table, Community Table.
7. **7:30-8:28 PM** **BREAK INTO SUBCOMMITTEES*:**
 - a. Work on goal action steps
 - b. Check in with advisors
8. **8:28-8:30 PM** **REPORT BACK:**
 - a. Mental Health
 - i. **Notes:** Working on getting episode out on spotify and scheduling out promotional information.
 - b. Substance Use Prevention
 - i. **Notes:** Working on getting press venue and writing out what to contact with.
 - c. Youth Engagement
 - i. **Notes:** Working on organizing with clubs and gathering

more clubs.

*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance