

# PLACER COUNTY YOUTH COMMISSION

## MEETING AGENDA

**MEETING NAME:** PCYC Bi-Monthly Meeting

**MEETING DATE & TIME:** March 18, 2026, 6:30-8:30pm

**MEETING LOCATION:** Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**
  - a. Notes: None
3. **6:35-6:50 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
  - a. Brief Description: Dolphin Training- Commissioner goes outside and the rest of the group leads them to a specific activity by saying Boo or Yay
6. **6:50-7:40 PM** **FYMFTA 5K PLANNING:**
  - a. Notes: The media and outreach groups pinned safety pins to bibs, the outreach group also organized t-shirts for the run, and the logistics groups cut out 5k paper materials
7. **7:40-8:28 PM** **BREAK INTO SUBCOMMITTEES\*:**
  - a. Work on goal action steps
  - b. Check-in with advisors
8. **8:28-8:30 PM** **REPORT BACK:**
  - a. Mental Health
    - i. Notes: Podcast progress, 5k materials- table, pre/post-run content, second podcast almost finished,
  - b. Substance Use Prevention
    - i. Notes: form for 5k and book interest for pre order logistics, sample has come out of book
  - c. Youth Engagement
    - i. Notes: created a timeline, emails sent to clubs for logistics