

PCYC Meeting Notes

Advisors Update:

- **Next meeting: Winter party in Rocklin Library**
 - Pajama party!!
 - Potluck - everyone brings their own food
 - Gingerbread contest
 - White elephant gift exchange - \$10 dollars MAX

Jan meeting Schedule:

- First meeting 1/17
 - Second meeting 1/31
 - Two meetings in a row: third meeting is 2/7
 - Presentation from mayor of auburn
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- **March 18 youth quest - day where youth go to capital and talk to state legislators**

Smoke-Free Outdoor Non-Recreational Areas

- **Secondhand smoke/aerosol**
 - **Secondhand smoke: combination of smoke from the burning end of cigarettes and the smoke is breathed out by users**
 - **Secondhand aerosol is combination of chemical and elements from the vaping device, juice, and cloud (vape) breathed out by users**
 - vapes
 - cigs
 - cigars
 - marijuana
 - hookah
- **Dangers**
 - **Cancer:**
 - **70 cancer-causing chemicals in secondhand cigarette smoke**
 - **10 cancer-causing in secondhand aerosol**
 - **ETC**

- **Who is impacted most??**
 - Kids
 - Elderly People
 - Pets
- **Tobacco Waste:**
 - Trash and pollution associated w discarded and used commercial tobacco products
 - LOTS OF LITTER
 - Big environmental impact
- **Outdoor areas such as outdoor workplaces, restaurants ANYTHING that is not used for recreation**
- **Benefits!!**
 - Brings exposure down
 - Spreads message to youth
 - Reduction in waste
 - Decline in smoking rates
- **How to help:**
 - Promote public opinion poll
 - Participate in a Key informant interview
 - Focus group
 - Letters of support
 - Public comment during city council meetings

5K Planning

- **Media/Promotion Group**
- **Increasing attendance**
- **Building tobacco awareness**
- **ETC**

Subcommittee Notes

- **Mental Health**
 - Made first Insta Post
- **Financial Literacy**
 - Website!
- **SAP**
 - Plans for next meeting
 - Interview people in school district