

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: February 4, 2026, 6:30-8:30pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. 6:30 PM **WELCOME**

2. 6:30-6:35 PM **PUBLIC COMMENT:**

Please limit comments to 3 minutes per person. This is an opportunity for members of the public to address the Youth Commission on an item of interest to the public that does not appear on the agenda, no action or discussion shall be undertaken on any item not appearing on the posted agenda.

3. 6:35-6:50 PM **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**

a. Carissa Kirkpatrick

5. 6:50-7:35 PM **PRESENTATION:**

a. Podcasts 101: Lessons from The Placer Life - Katie Combs-Pritchard, Chris Gray-Garcia, & Scott Sandow

6. 7:35-7:50 PM **FYMFTA 5K PLANNING:**

a. Arifa Omid, Ella Engelman, & Emma Marks

7. 7:55-8:28 PM **BREAK INTO SUBCOMMITTEES*:**

a. Work on goal action steps
b. Check-in with advisors

8. 8:25-8:30 PM **REPORT BACK:**

a. Mental Health
b. Substance Use Prevention
c. Youth Engagement

*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance

Next Meeting: February 18, 2026 at 6:30-8:30 PM

Location: Rocklin Public Library (4890 Granite Dr, Rocklin, CA 95677)