

# PLACER COUNTY YOUTH COMMISSION

## MEETING AGENDA

**MEETING NAME:** PCYC Bi-Monthly Meeting

**MEETING DATE & TIME:** January 22, 2025, 6:30-8:00pm

**MEETING LOCATION:** Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677  
Zoom: <https://us02web.zoom.us/j/82232760940?pwd=MLv44a1owWYvoapED7FM9xHvIgrYLY.1>

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**

Please limit comments to 3 minutes per person. This is an opportunity for members of the public to address the Youth Commission on an item of interest to the public that does not appear on the agenda, no action or discussion shall be undertaken on any item not appearing on the posted agenda.
3. **6:35-6:45 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
  - a. Brief Description: Race for the truth, facilitators read off statements and if they were true for any PCYC member they stepped forward
4. **6:45-7:00 PM** **PRESENTATION:**
  - a. Notes: See presentation attached
5. **7:00-7:20 PM** **FYMFTA 5K PLANNING:**
  - a. Notes:
    - i. Discussed how to engage everyone at the start/finish line
      1. Have a kids table with coloring pages, games like corn hole, giant connect four, etc.
      2. Have games draw back to tobacco to build the tobacco prevention aspect
      3. Have MCs speak more at the start/finish line
6. **7:20-7:58 PM** **BREAK INTO SUBCOMMITTEES\*:**
  - a. Work on subcommittee project
  - b. Advisor check-in (fill out check-in form)
7. **7:58-8:00 PM** **REPORT BACK:**
  - a. General Plan
    - i. Notes: working to get survey out and started discussing some new ideas on how to engage youth in more
  - b. Mental Health
    - i. Notes: finalized poster
  - c. Substance Abuse Prevention Subcommittee

- i. Notes: worked on 2nd draft and further discussed getting the art done

\*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance