

# PLACER COUNTY YOUTH COMMISSION

## MEETING AGENDA

**MEETING NAME:** PCYC Bi-Monthly Meeting

**MEETING DATE & TIME:** May 6, 2026, 6:30-8:30pm

**MEETING LOCATION:** Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**
  - a. Comments: none
3. **6:35-6:50 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
  - a. Brief Description: Human pretzels: In a circle people hold hands with a random person, and then tangle to untangle themselves.
4. **6:50-7:25 PM** **PRESENTATION:**
  - a. Notes: A food allergy presentation given by a high schooler from Granite Bay high school, and an accomplished eighth grader. During the presentation we learned about how allergies occur as well as its significance to current highschoolers life that are often ignored.
5. **7:25-7:30 PM** **ADVISOR UPDATE:**
  - b. Notes: On May 14, we have a presentation to the Placer County Board of Education. Additionally, planning our end of year party for June 3rd.
6. **7:30-8:28 PM** **BREAK INTO SUBCOMMITTEES\*:**
  - a. Work on goal action steps
  - b. Work on sustainability plans
7. **8:28-8:30 PM** **REPORT BACK:**
  - a. Mental Health
    - i. Notes: created resources sheet for mental health fair on 5/21, more episodes to come
  - b. Substance Use Prevention
    - i. Notes: worked on parent fact sheet and planned school book reading
  - c. Youth Engagement

i. Notes: created events for future youth engagement

\*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance

**Next Meeting:** May 20, 2026 at 6:30-8:30 PM

**Location:** Rocklin Public Library (4890 Granite Dr, Rocklin, CA 95677)