

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: January 7, 2026, 6:30-8:30 pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**
Notes:
3. **6:35-6:45 PM** **INTRODUCTION OF NEW PCYC MEMBER**
 - a. **Notes:** - A new member has joined the PCYC
- Existing members introduce their names, grade, and school.
4. **6:45-7:00 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
 - b. **Brief Description:**
 - Members break into randomized groups for an activity where each member within a group has a card with a question on their back, and a notecard recording the response to the question on the back of every card. Then, based on the response, members have to guess the question they had on their minds. Lastly, they can cross-check if their guess is correct.
 - Team building activity where members have to make the tallest structure.
5. **7:00-7:05 PM** **ADVISOR UPDATE**
 - a. **Notes:**
 - Youth Quest: an opportunity for high school students interested in tobacco-free advocacy. Students will get the opportunity to learn more about tobacco prevention skills and collaborate with like-minded individuals on youth advocacy.
 - Placer County Tobacco Advocacy
 - Coalition for Lincoln and Auburn youth meeting: Thursday, January 8, at 3:30.

6. 7:05-7:40 PM

FYMFTA 5K PLANNING:

a. Notes:

- People broke into different teams to plan for the 5k run to discuss and work on their own roles to plan for the 5k. The teams include outreach, playlist, and media.

7. 7:40-8:25 PM

BREAK INTO SUBCOMMITTEES*:

- Work on goal action steps
- Mid-year goal evaluation
- Check in with advisors

8. 8:25-8:30 PM

REPORT BACK:

a. Mental Health

i. Notes:

- Finalized next podcast deadline, January 23, 2026.
- Discussed ideas for marketing, which include reaching out to different schools, departments, etc.

b. Substance Use Prevention

i. Notes:

- Filled out budget report for the book that will be published, book was also edited, contact list was created

c. Youth Engagement

i. Notes:

- Planned event, made contact list and posters