

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: October 18, 2023, 6:30-8:00pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677
Zoom: <https://us02web.zoom.us/j/89850903432?pwd=Nk9zelpzWTJteWFhM3lkWG80aUZCZz09>

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**

Please limit comments to 3 minutes per person. This is an opportunity for members of the public to address the Youth Commission on an item of interest to the public that does not appear on the agenda, no action or discussion shall be undertaken on any item not appearing on the posted agenda.
No comment
3. **6:35-6:45 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
 - a. Brief Description: We engaged in a fun debate that challenged us to discuss fun yet controversial topics. We debated if books and better than movies or if movies are better than books.
4. **6:45-7:00 PM** **MENTAL HEALTH EVENT FOCUS GROUP**
 - a. Notes: Ms. Sue Compton from the Placer County Board, came to discuss a youth fair to raise awareness with regards to youth mental health struggles.
4. **6:45-6:55 PM** **ADVISORS UPDATE:**
 - a. Notes:
 - i. We first discussed planning for our 5 k run, talking about location, dates and other logistics.
 - ii. We also went over the logistics for our meet and greet.
5. **6:55-7:00 PM** **KINDNESS MOMENT**
6. **7:00-7:15 PM** **MEET & GREET PLANNING:**
 - a. Notes:
7. **7:15-7:55 PM** **BREAK INTO SUBCOMMITTEES*:**
 - a. Work on finalizing goals

8. 7:55-8:00 PM

REPORT BACK:

- a. Drug-Free Youth Subcommittee
 - i. Notes: Decided to outline a course that includes the risks of substance abuse and focus on educating school board members on alternative policies.
- b. Financial Literacy Subcommittee
 - i. Notes: Decided the goal is to spread the importance and awareness of financial literacy amongst the youth of Placer County through assorted educational initiatives and projects. Work on a website with resources.
- c. Mental Health Subcommittee
 - i. Notes: Decided to make a survey to send out to students and teachers about academic stress. Sought to complete in the following weeks to send out to admin and schools.