

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: February 4, 2026, 6:30-8:30pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

- 1. 6:30 PM** **WELCOME**
- 2. 6:30-6:35 PM** **PUBLIC COMMENT:**
 - a. Notes: No
- 3. 6:35-6:50 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
 - a. Brief Description: Do you love your neighbor?
- 5. 6:50-7:35 PM** **PRESENTATION:**
 - a. Notes: Podcasts presentation. Podcast called placer life. Talked about being safe in nature and an example of a guy getting lost in the sierra.
Advice about our podcast; how to engage the audience. How their podcast mixes government and people. Podcasts can be as long as it needs to be- as long as it's engaging.
How to find and use music. How to brand the podcast.
We can highlight stuff we do in the podcast, right at the beginning.
Gave us an example of a podcast episode.
- 6. 7:35-7:50 PM** **FYMFAT 5K PLANNING:**
 - a. Notes: Worked on social media posts and posters.
- 7. 7:55-8:28 PM** **BREAK INTO SUBCOMMITTEES*:**
 - a. Work on goal action steps
 - b. Check-in with advisors
- 8. 8:25-8:30 PM** **REPORT BACK:**
 - a. Mental Health
 - i. Notes: Released the trailer. Preordered stickers to hand out at our events.

- b. Substance Use Prevention
 - i. Notes: Continued to edit parts of the book. Nearing completion.
- c. Youth Engagement
 - i. Notes: Translated posters into other languages.

*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance

Next Meeting: February 18, 2026 at 6:30-8:30 PM

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