

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: November 5, 2025, 6:30-8:30pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**
 - a. Notes: N/A
3. **6:35-6:50 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
 - a. Brief Description: We played a game of word association in groups of 4.
4. **6:50-6:55 PM** **ADVISOR UPDATE:**
 - a. Notes: The meet and greet was well received by attendees. The Placer County Tobacco-Free Coalition is hosting their first planning event for a tobacco prevention event sometime in 2026. The commission needs to start planning our winter party (notes taken on poster).
5. **6:55-7:15 PM** **MEET & GREET DEBRIEF:**
 - a. Notes:
 - i. What went well:
 1. Good turnout
 2. Presenters did well
 3. Food/beverages
 4. Apolitical (as possible)
 5. Commissioners did well (especially, check-in, greeters, etc.)
 6. Commissioners mingled well
 - ii. What can improve:
 1. Room layout
 2. Announcements/Agenda could be better distributed to commissioners
 3. Too much food
 4. Make attendees aware of what the commission

does and doesn't do

iii. Change and Keep:

1. Keep timing
2. Keep Q&A with entire commission after presentation
3. Change preparation: add roleplay before Q&A, practice presentations
4. Change commission intro: let everyone introduce themselves
5. Change presentations: let everyone edit slides, not just chairs/co-chairs
6. Change: invite more people, make email invites more personal
7. Change: add icebreakers

6. 7:15-7:40 PM

FYMFTA 5K PLANNING:

- a. Notes: Goal of 300 attendees set, preliminary introduction to the 5k and the roles involved

6. 7:40-8:28 PM

BREAK INTO SUBCOMMITTEES*:

- a. Work on goal action steps
- b. Check-in with advisors

7. 8:28-8:30 PM

REPORT BACK:

- a. Mental Health
 - i. Notes:
- b. Substance Use Prevention
 - i. Notes:
- c. Youth Engagement
 - i. Notes:

*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance

Next Meeting: November 19, 2025 at 6:30-8:30 PM

Location: Rocklin Public Library (4890 Granite Dr, Rocklin, CA 95677)