

PLACER COUNTY YOUTH COMMISSION

MEETING AGENDA

MEETING NAME: PCYC Bi-Monthly Meeting

MEETING DATE & TIME: November 19, 2025, 6:30-8:30pm

MEETING LOCATION: Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677

1. **6:30 PM** **WELCOME**
2. **6:30-6:35 PM** **PUBLIC COMMENT:**
Please limit comments to 3 minutes per person. This is an opportunity for members of the public to address the Youth Commission on an item of interest to the public that does not appear on the agenda, no action or discussion shall be undertaken on any item not appearing on the posted agenda.
3. **6:35-6:50 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
 - a. Aleeza Siddique
4. **6:50-7:30** **PRESENTATION: HEALTHY AGING THROUGH THE HOLIDAYS**
 - a. Placer County Healthy Aging Program - Megan Sponholz & Erica Williamson
5. **7:30-7:40 PM** **FNL YOUTH SUMMIT REPORT BACK**
 - a. FNL Youth Summit Attendees
6. **7:40-8:00 PM** **FYMFTA 5K PLANNING:**
 - a. Arifa, Ella, Emma
7. **8:00-8:28 PM** **BREAK INTO SUBCOMMITTEES*:**
 - a. Work on goal action steps
 - b. Check-in with advisors
8. **8:28-8:30 PM** **REPORT BACK:**
 - a. Mental Health
 - b. Substance Use Prevention
 - c. Youth Engagement

*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance

Next Meeting: December 3, 2025 at 6:30-8:30 PM

Location: Rocklin Public Library (4890 Granite Dr, Rocklin, CA 95677)