



FREE YOUR MIND, FREE THE AIR 5K AWARENESS RUN 2025 REGISTRATION

Name (First & Last): _____

Email: _____ City of Residence: _____

Age of Race Day: ☐ Under 12 ☐ 12-17 ☐ 18-24 ☐ 25-64 ☐ 65+

Are you interested in a t-shirt? ☐ Yes ☐ No

If yes above, T-Shirt size (adult unisex sizing): ☐ Small ☐ Medium ☐ Large ☐ X-Large
(All t-shirts are first come first serve)

I, the participant, hereby acknowledge that Placer County Youth Commission is exempt from all responsibility regarding any accidents and/or injuries, if they occur.
Acknowledgement is required to participate.

☐ I acknowledge

I grant the Placer County Youth Commission the right to take photographs, video, audio, and other media forms of me in connection with the Free Your Mind, Free The Air 5K Run. I authorize the Placer County Youth Commission and its assignees and transferees to copyright, use and publish the same in print and/or electronically. I agree that the Placer County Youth Commission may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and web content regarding the Placer County Youth Commission.

☐ I have read and understand the above statement and agree

☐ I do not agree

**Thank you for registering for the Free Your Mind, Free The Air Annual
Awareness 5K!! See you on March 29th!**