

# PLACER COUNTY YOUTH COMMISSION

## MEETING AGENDA

- MEETING NAME:** PCYC Bi-Monthly Meeting
- MEETING DATE & TIME:** September 6, 2023, 6:30-8:00pm
- MEETING LOCATION:** Auburn Public Library - 350 Nevada St, Auburn, CA 95603  
Zoom: <https://us02web.zoom.us/j/85136051817?pwd=MmQwWDJKc0ZnMEQvSk5lbFJEdFMxZz09>

1. **6:30 PM** **WELCOME**
2. **6:30- 6:35 PM** **PUBLIC COMMENT:**

Please limit comments to 3 minutes per person. This is an opportunity for members of the public to address the Youth Commission on an item of interest to the public that does not appear on the agenda, no action or discussion shall be undertaken on any item not appearing on the posted agenda.
3. **6:35-6:45 PM** **GET-TO-KNOW-YOU/TEAM BUILDING ACTIVITY:**
  - a. Zoe Ordway
    - i. **Brief Description:**

We held a short get-to-know-you activity where each person was given a bingo sheet with characteristics of other people written on it. We tried to find other people in the commission who could match those descriptions, and the matching person would sign off on the bingo tile. The first person who could fill the entire page was the winner.
4. **6:45-6:50 PM** **ADVISOR UPDATE:**
  - a. Alex Wride & Jen Watkins
    - i. **Notes:**
      - We reviewed our "Make Kindness the Norm" calendar that we will be using to track our random acts of kindness for the year.
      - We also reviewed the purpose of our kindness jar, as well as identified a stack of thank-you cards that will be at each meeting that we are able to take.
      - The annual PCYC meet and greet with the Placer County Board of Supervisors is coming up. The commission decided that this would take place on Wednesday, November 1st.
5. **6:50-6:55 PM** **KINDNESS MOMENT**
  - a. **Notes:**

- This is time for an act of kindness to be shared.
- One member helped to open the door for other students.
- Another member sat with his friend while they were sick.
- Another member helped a student to prepare for mock trial try-outs.
- Another member volunteered at a middle school special needs camp.
- Another member complimented others' shoes.

**6. 7:15-7:55 PM BREAK INTO SUBCOMMITTEES\*:**

- a. Vote on subcommittee leadership
- b. Research topics-Use resource manual pgs 65-82
- c. Work to set goals & activities
- d. Start to develop project(s)

**7. 7:55-8:00 PM REPORT BACK:**

- a. Mental Health
  - i. Report:
    - The Mental Health Subcommittee is currently deciding on smaller topics to focus on under the category of mental health, because it is very broad.
    - Currently, they are focusing on academic burnout and senioritis.
    - They want members to report back with information about what support systems each of their schools have, so that they can determine which school support systems need the most improvement.
- b. Financial Literacy
  - i. Report:
    - The Financial Literacy Subcommittee brainstormed project ideas, and decided that it would be better for them to create smaller projects in order to accomplish more this year.
    - They are thinking about creating a website for incoming college students, helping them to manage their finances.
    - They are also thinking of creating a video on financial literacy for high school students, specifically upperclassmen.
- c. Drug-Free Youth
  - i. Report:
    - The Drug-Free Youth Subcommittee is thinking about creating multiple short term projects as well.
    - Right now, they are thinking of creating small contests and poetry focused on anti-tobacco efforts.
    - They would also like to remove signage promoting tobacco products at gas stations.

\*Don't forget you can meet with your subcommittee more than the scheduled meetings & let advisors know if you need any assistance

**Next Meeting:** September 20, 2023

**Location:** Rocklin Public Library - 4890 Granite Dr, Rocklin, CA 95677